

# UWH Congress

# 4v4 International Club

# Championship 2023





**HOST COUNTRY**



**MALAYSIA**



**AIRPORT TO FIND**

# KUALA LUMPUR INTERNATIONAL AIRPORT





# UWH Congress

The UWH Congress will be divide into 3 sections.

Referee Course : 16 & 17 October 2023

Coaching Course : 18 & 19 October 2023

4v4 International Championship : 20 - 22 October 2023

The congress is organized to promote the development of Underwater Hockey worldwide and to launch the CMAS sanctioned Referee & Coaching programs. The 4v4 concept tournament is to promote and encourage the participation of smaller developing nations.





# Referee Course Level 1

Will be conducted at Ibis Hotel Kuala Lumpur conference room  
on the 16th of October 2023

Participant Entitlements:

Hardcopy Printed Referee Level 1 Manual

Notebook & Stationery

Official CMAS Referee Bag pack

Breakfast & Lunch Included

Completion Certificate

**100**  
**USD**

Per Participant





# Referee Course Level 2

Will be conducted at Ibis Hotel Kuala Lumpur conference room on the 17th of October 2023

Participant Entitlements:

Hardcopy Printed Referee Level 2 Manual

Notebook & Stationery

Official CMAS Referee Bag pack

Breakfast & Lunch Included

Completion Certificate

**150**  
**USD**

Per Participant





# Coaching Course Level 1

Will be conducted at Ibis Hotel Kuala Lumpur conference room  
on the 18th - 19th of October 2023

Participant Entitlements:

Hardcopy Printed Coach Level 1 Manual

Notebook & Stationery

Official CMAS Coach Bag pack

Breakfast & Lunch Included

Completion Certificate

**200**  
**USD**

Per Participant





# 4v4 International Club Championship 2023

20-22 October 2023 ( 3 Days Tournament)

A CMAS Sanctioned Competition







## Men Elite Division

19 Above

4 Play 2 Subs 2 Reserves



## Women Elite Division

19 Above

4 Play 2 Subs 2 Reserves

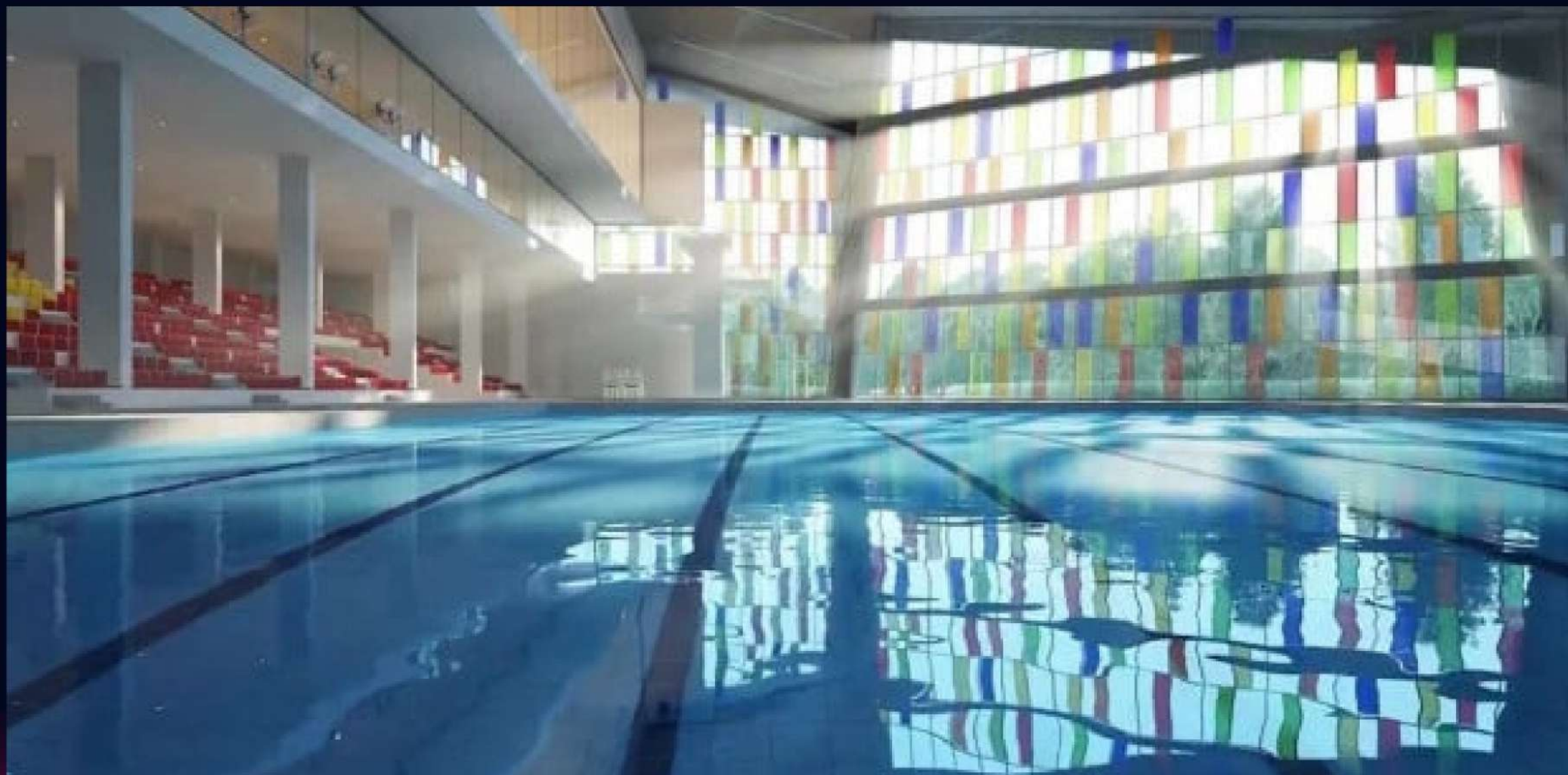


## Youth Division

14-18 Years Old

4 Play 2 Subs 2 Reserves  
Min 2 Females in team with  
1 in water at all times





# Event Venue

Arena Sukan Kuala Lumpur  
(SKY Arena)

Located at Setapak, Kuala Lumpur



Depth: 2 Meters Flat  
Length: 50 Meters  
Width: 25 Meters (10 Lanes)  
Seating Capacity: 1000 Seats  
Pool Bottom: Large Smooth Tiles  
Water Temp: 25-27 Celcius



# 4v4 International Championship Team Fees

## Team Fee

USD \$2000

Event Tee

Customized ID

Hotel to Venue Transport

Athletes Insurance

Lunch & Hydration

30 Minutes Pool Tryout

10 Entries to Closing Party

## Additional Closing Party Entries

USD \$50

## Late Penalty Fee

For Registrations after  
16 September 2023

USD \$500



# Match Format



**4x4 Round Robin**  
**7:2:7 No Time Outs**

**4x4 Championship**  
**Round 7:2:7**  
**1 Min Timeout Each**  
**Team Per Half**

**Points**

**Win +3**

**Tie +1**

**Loss +0**

**Forfeit -3**

**Playing Area**  
**25m x 12m**  
**2m Depth**  
**3m Goal**

**Warm Up Area**  
**25m x 23m**



# Coach & Support Staff



A team can have 1 coach and 1 support staff/team manager within the respective designated areas. Their names must be registered on the team roster.

Coach can be in the water at the designated coach area beside the sub box. Coach should at all times use a green cap when they are in the pool.

All coaches and support staff/team manager will be given an identification card. These ID's are to be used at all times unless when entering the water.



# Team Identification



All players of a team must wear identical swimwear of the same design as to color and pattern, one or two piece suit or rash guard which may have an imprint of their flag or country. Identical headgear or caps (Dark & Light) with unique numbers for each player.

Each team must have two sets of identical swimwear, one light in color and one dark in color. Yellow or Red swimwear is not allowed. Swimwear designs are required to be sent to the Tournament Director for approval latest before the 25th of September 2023.

To assist in player identification, players are required to mark their cap number on both upper arms and both upper legs. Numbers must have a minimum 3 inches in size and be of a contrasting color to that of the skin. Captain marked with C and Vice Captain Marked with VC.



# Referees & Doping Control



Each participating team are to provide 1 referee with a minimum of a level 1 referee certified for Deck referee duties. This referee will be incharge on the timekeeping and score keeping duty.

**There will be 8 dedicated water refs and 4 deck refs through out the championship.**  
**Round robin matches will have 2 water refs and Championship rounds will have 3 water refs. The water referees are to be level 3 certified.**

The doping control at this championship will be done via the Malaysian Anti Doping Agency, ADAMAS.

Testing will be done per CMAS procedures.

A maximum of 4 test will be conducted randomly.

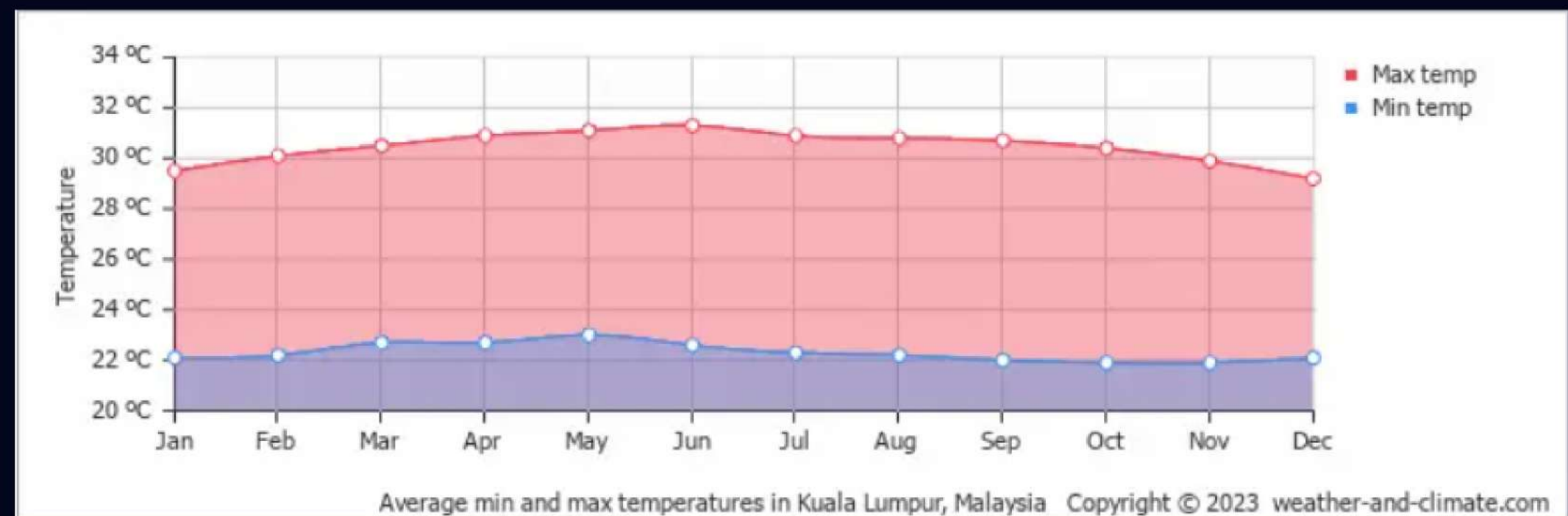


# Climate

Malaysia is a country located in Southeast Asia. The land is divided into the east and west by the South China Sea. Malaysia is located near the equator. Controlled by the equatorial low-pressure belt, most parts of Malaysia have a tropical rainforest climate. High temperatures and high humidity prevail, with an average temperature of 27°C. During the day, the temperature rises above 30°C (86°F) throughout the year, and rarely falls below 20°C (68°F) at night.

## Dressing Code Recommendation

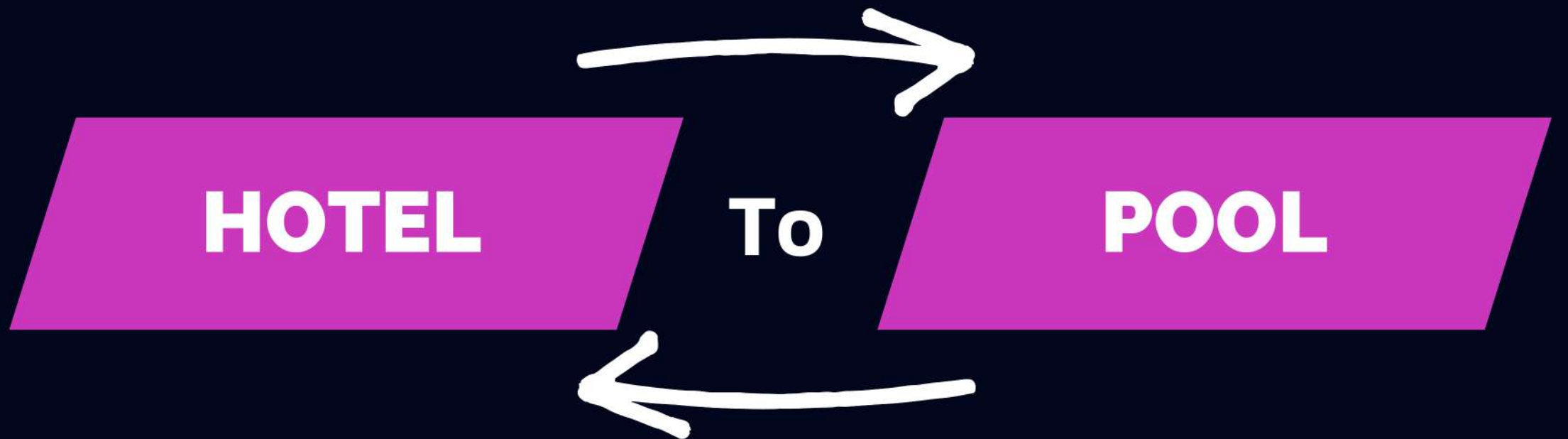
Loose fit clothes made of lightweight materials are a wise choice throughout the year. Cotton or moisture-wicking material is also ideal because it maintains constant humidity. Lightweight summer clothing can be worn throughout Malaysia all year round. It is recommended that women cover their legs and upper arms in public to avoid violating local cultural norms.





# Transport

Team Managers are to inform the organizers if they are staying at any other accommodations other than the official accommodation.



20 - 22 October 2023



# Travelling Around

To travel around in Malaysia, we  
would recommend you to use the  
Grab App (similar to Uber)

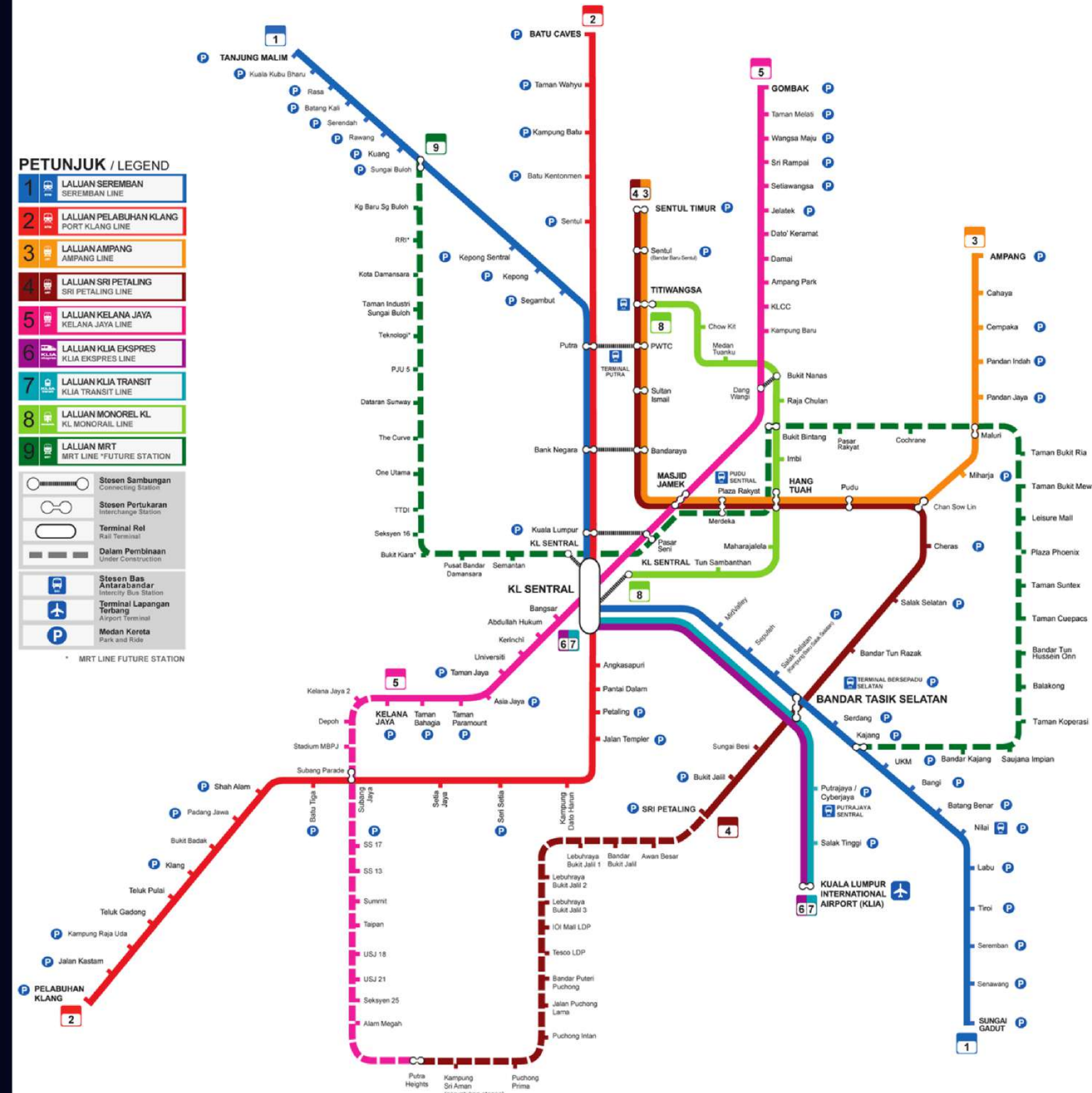




# Klang Valley Integrated Rail System

# Rail Network

- There's a total of 9 different rail network accessible to travel all over Kuala Lumpur and the surrounding parts of its outer city
- The main railway hub is known as KL Sentral
- Tickets can be purchased at the self service ticketing machines or counters. You can also acquire a TnG (Touch and Go) reloadable card to use in all public transports in Malaysia.
- You can download the complete rail map at: [https://myrapid.com.my/wp-content/uploads/2023/03/20230211\\_integrated\\_kv\\_transit\\_map.pdf](https://myrapid.com.my/wp-content/uploads/2023/03/20230211_integrated_kv_transit_map.pdf)







## **IBIS HOTEL KUALA LUMPUR 4 STAR HOTEL**

**ESTIMATED AT USD \$50 PER NIGHT  
TWIN BEDDED ROOM  
INCLUDING BREAKFAST**

**BOOKING ACCESSIBLE USING  
[WWW.BOOKING.COM](http://WWW.BOOKING.COM)**

# **Accomodation**





**ATLANTIS  
SPORTS**

**Broadcasting**

**We have engaged Atlantis Sport to provide the live telecast of the championship. There will be 2 display screens at the venue and the live telecast will be link to Youtube.**





# Our Vision & Mission

## Our Vision

To provide an international level competition for smaller developing countries and newer underwater hockey playing nations

## Our Mission

A competition which is financially cheaper and requires lesser number of players that will promote the participation of more underwater hockey playing countries



# Reach Us At



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