

e-Captain's Meeting – Rules & Schedule information

2025 Not-so-hard on your Body Tournament

We are playing at the same new pool since 2022 – with 2 courts this year !

It's our aim to again make this a fun, fair and safe tournament for the players – and leave the North Charleston Aquatic Center staff and patrons with a great impression of UWH!

Referees:

Five dedicated referees - see UWHportal

Juan Diego Marquez - Tournament Referee

Pool access times:

Friday: Not open for players - setup only.

Saturday:

7:30 am – open for Referees and CHS team for setup

8:00 am – pool open for player warm-up

8:15 am – start of 1st game

Banquet ~ 6:30 pm soft start - steamed local oysters
~ 7:15 pm - main meal

Sunday:

7:30 am - Referees and CHS setup

8:00 am open for warm-ups

8:15 am - start of 1st game

2:35 pm - end of games in Court2 (please help w/ barrier removal)

3:15 pm - end of final game Court1 (please help w/ barrier removal)

3:30-ish - Awards

4:30 pm - pool closes

---RULES---

The use of supplemental oxygen or enriched air will not be allowed

PLEASE – be gentle on our barriers – they are not made for kicking off of.
(If not, warnings and penalties may be assessed)

Court 1 (by main entrance) - has removable 4-wall barrier (new this year!)

Court 2 (by Jumbotron) - has removable 2-wall barrier (same as last year)

Play on the **permanent** pool wall:

- If the puck is pushed/lifted/carried up the wall to the point where the wall becomes vertical, the referees shall stop play for safety reasons. The player or players responsible will be considered to have played the puck out-of-bounds, and appropriate penalties shall be assessed

Minnesota Rule:

Each team must provide one ref after each game they play. (No ref op-out.)

- If there are 2 Dedicated Referees scheduled in the water for a game, then the team that **lost** the prior game does **not** need to provide a referee for the subsequent game.

Your team must sign up your refs before your game starts – on white boards.

Your team's ref name is for the game # you PLAY (not the one you ref.)

The 'Dilly-Dally' rule will apply:

- If refs provided through the Minnesota Rule are not ready to officiate when the game is scheduled to start, their teams will incur penalties in the next game they play.

Water refs are required to wear (and quickly don and doff):

- red/orange/yellow mesh swim caps (pull-over for speed)
or red water polo caps
- red/orange/yellow mesh vests,
- red/orange/yellow colored gloves

Note the markers on the pool bottom for puck positioning:

- Circles mark the center and each of the penalty-shot spots.
- Squares mark 5m from end boundaries and 2m from side boundaries.

Each court has one bulkhead (bridge). 1 ft above water, 4 ft deep.

FOR SAFETY clearance, the boundary & goals are ~2 ft. forward of bulkhead.

(Center spot is midway between wall & bulkhead - not the boundary/goal)

Communicating with Referees:

- Players arriving late to a game must notify officials at official's table before entering game
- Only active team captain (vice-captain in captain's absence) may speak to officials during a match
- 'Colorful metaphors' and other inappropriate language/gestures will not be tolerated

Rules Version:

We will be using CMAS rules version 12.0 (Volume 1 v12.0, Volume 2 v12.0), all players are strongly encouraged to at least read volume 2 of these rules.

<https://www.underwater-society.org/uwhreferees>

Rules Modifications, Special Notices:

- All USA players must pay USOA dues and sign the USOA waiver.
- All foreign players must sign the USOA waiver. (There is a Spanish translation of waiver on request.)
- Rosters are managed via UWHPortal.com
- Rosters are due Nov 1st and will verify the above items.
- No players will be allowed to enter the water until they are in compliance.

Penalty times may be reduced from those specified in the CMAS rules due to shorter game length

1, 2, 5 minute penalties will be used. However: 2 may become 1 and 5 may become 2 at the discretion of the officials

CMAS protest and tournament jury composition rules have been modified to be relevant for a non-Worlds tournament. Detailed modifications and the tournament jury roster will be available at the ref tables.

Player Gear & Markings:

- Appropriate color hat/swim cap must be worn during play. Ear-guards and straps are excluded from color requirements provided they do not create

confusion about hat color.

- Wrestling headgear does not count as a hat. An appropriate color hat must be worn together with a wrestling headgear.
- BLUE and BLACK are acceptable hat colors when playing black/dark
- WHITE is the acceptable hat color when playing white
- Ear and mouth guards must be worn. Players will not be allowed to play without them
- "C" and "VC" shall be clearly marked on both shoulders of captain and vice-captain, respectively. (Black permanent markers will be at the officials table.)
- In-water coaches must wear no polo cap/headgear during games.
- Gloves must sharply contrast the playing stick and puck (Uni2 bright orange and bright red).
- Gloves may not be red/yellow/orange/pink in color. Unsportsmanlike conduct infringements may be called if glove color is being used to intentionally mislead/confuse other players or officials.



---SET-UP---

- White starts to the chief ref's left. Black to the chief ref's right.
- Ref table will be on deck (left side of photo)
- Warmup: All warm-up lanes will be shared with the public.
Please be extra considerate!
A separate (warmer) pool is available – but not with hockey gear!
- Penalty Boxes: The penalty boxes are on either side of the scorers table.

- Spectators:

In-water spectators may watch play from within the area between the sub boxes (outside the playing area).

No one should swim under the bulkheads.

- Video:

- filming will be allowed in the areas above

→ inform chief ref, scorers table and opposing team in advance

- Locker space is quite limited (~ 25 in men's and women's)

- if you leave gear on the deck overnight, it is at your own risk.

- do not lock items in lockers overnight

- NO glass containers.

- corner room is dedicated for food & drink.

We are not allowed to bring food onto pool deck

Thank you for being considerate to patrons and pool staff!

Format:

All round robin games on Saturday

Playoffs and medal games on Sunday

Game slots prioritized for kids are reserved for Sat (3) and Sunday (2).

North Charleston Orcas youth UWH was started back in Feb.!

---SCORING---

Time/score management system will be running and provide integration with UWHportal.com!

Teams and team refs are responsible for being ready when games start.

(Minnesota Rule in effect – refs not ready will incur Dilly-Dally Rule penalties)

---OTHER THINGS---

Food Room:

Expect a variety of healthy and not-so-healthy snacks, including veggies, meats and cheeses.

Please bring your own water bottle for water & Gatorade. (We will have disposables, but please mark with a sharpie and reuse)

Banquet:

- The banquet will be Saturday, Nov 8. Included for registered players.
- Guests are welcome for \$25. PayPal: charlestonuwh@gmail.com or cash
- Dietary accommodations collected from user input in UWHportal

Location: Freehouse Brewery (same since 2022)
2895 Pringle Street, North Charleston, SC 29405

This is a beautiful and rustic spot on the Ashley River – although in an old industrial area. CAUTION as you get close: A portion of the road is gravel and also quite uneven.

10 minutes from hotels near airport or 20 minutes from pool

Soft start around 6:30 pm. Steamed local oysters

Frogmore stew (peel and eat shrimp, sausage, corn, potatoes)

Dietary alternatives provided for those who requested.

A wide range of draft beer styles, other alcoholic and non-alcoholic drinks are available for purchase

!! Strict policy against external alcohol or consumption by those under 21 **!!**
- – we don't want to jeopardize the brewery's alcohol license - -

Ends at 9:30pm

Contacts

The following are main contacts:

- Juan Marquez: Tournament Referee
- Kim Blouin: CHS club pres, time/scoring w Atlantis/UWHportal
- Martin Fletes: CHS club vice pres
- Brian Johaneck: CHS club treasurer