

NW Intra-Regional Club Team Cup
Players Notes
May 17th-18th, 2025

OVERVIEW & HIGHLIGHTS

1. Pool Location: 1070 Eisenschmidt Ln, St Helens, OR 97051
2. The game schedule is available online:
<https://uwportal.com/events/us-2025-2nd-annual-nw-intra-regional-club-team-cup?table-view=schedule>
3. PDF version of the game schedule is included following this document and the Overview Schedule below:

OVERVIEW SCHEDULE		
Date/Time	What	Notes
Friday May 16th		
4-7:30pm	Level 1 Ref Course	FREE! Instruction by Rosa Zhang
6:30-8:30pm	Court Setup	
Saturday May 17th		
7:30-8am	Warm-up	
8:30am-2:12pm	RR Games	12 min halves
2:12-2:42	Break	30 min. Rank teams for XO games
2:42-5:50	XO Games	15 min halves + timeouts & overtime
6pm	Pizza Party	@ Sunshine Pizza (\$15/person)
Sunday July 28th		
8-8:30am	Warm-up	
8:30am-2:51pm	PO games	15 min halves + timeouts & overtime
2:51-4pm	Clean-up & Awards	

4. Game structure:
 - Round Robin: Teams are split into 2x roughly even pods "Strawberry" & "Banana"
 - Crossover: Crossover games between Strawberry and Banana determine overall ranking and place teams into two new ranked pods. The top four teams will become pod "A" and the bottom four teams, pod "B".
 - Playoffs: Each team will play in two playoff matches (on Sunday) which determine the final tournament standing.
5. Refs are scheduled on a team basis. Each team must provide two refs during their assigned time. If you do not supply refs on-time, your captain will serve penalty time during your next played game (see 'Dilly-Dally' rule details below).
 - It is the captain's responsibility to assign team-members to cover required ref assignments and ensure their assigned team-members are ready to complete the basic functions of a referee.
6. Ear and mouth guards must be worn. Players will not be allowed to play without them.
7. Limited deck food (bread & peanut butter, chips & hummus, bananas) will be provided in the bleacher area.

RULES

Referees:

1. Tournament Referee is Don Mathews. He will be assisted by Rosa Zhang, John Kulsa and Harry Hsiung.
2. All other Referees are scheduled by team. Each team must provide two refs during their slot on the schedule.
 - It is strongly recommended that everyone (not currently a level 1, 2 or 3 referee) attend the FREE class hosted by Rosa Zhang at the pool on Friday night. 4:00-7:30pm.
 - Everyone (regardless of having taken a ref class or not) is encouraged to assist in referring and ask for guidance as needed. Don, John and Rosa will be available all weekend to assist in this effort.
 - REPEAT: It is the captain's responsibility to assign team-members to cover required ref assignments and ensure their assigned team-members are ready to complete the basic functions of a referee.
3. The 'Dilly-Dally' rule will apply: If refs are not ready or able to officiate when their scheduled game is ready to start, the team captain will be subjected to a timed penalty (in the teams next played game) equal to the number of minutes the required refs were not available.
 - "C" and "VC" should be clearly marked on both shoulders of captain and vice-captain, respectively. There are black permanent marking pens at the official's tables.
 - Captain and vice-captain are to be selected at the onset of the tournament and may not be changed throughout the event.
4. Play will start and stop by hitting a gong:
 - One hit indicates start of play
 - Many rapid hits indicate stoppage of play due to infringement (the gong should be continuously hit until all players stop swimming and come to the surface).
 - Slow methodical hits indicate stoppage of play for time (half time & end of game).
5. Red headgear, yellow vests, and a glove for each hand are required for in-water refs and will be provided on deck.

Communicating with Referees:

1. Referees are all friends and fellow hockey players. Above all else, treat the referees with respect.
2. Only the active team captain (vice-captain in captain's absence) may speak to officials during a match.

Rules Modifications, Special Notices:

1. Unless otherwise stated by the Tournament Director, Tournament Referee, or mentioned in this document, the current CMAS Rules of Underwater Hockey Ver 13 (2022) shall be the governing document.
2. Court boundary is a barrier only. No player is allowed to push against or kick off the court boundary.
 - Penalty time disadvantages for unsportsmanlike conduct may be assessed if a player(s) break the barrier knowingly or on accident due to rough play. Be respectful of the court.

Court Set-up

1. Black starts at the bleachers of the pool.
2. White starts at the windows of the pool.
3. Warm-up space is available in the diving well and the shallow/warm pool.
4. Referee Table and penalty boxes are located on deck, on the white end wall.

GAME DETAILS

Round Robin (RR) Games:

1. The tournament will begin with two pods of four teams each.
 - 2x 12-minute halves, 2-minute half-time, no timeouts, and a 5-minute break between games
 - Win: +3, Tie: +1, Loss: 0, Forfeit: -2
 - Seeding ties broken by (in order): Head-to-Head record, Most RR wins, Fewest RR losses, Fewest RR goals allowed, Coin toss

Crossover (XO) Games:

1. Seeding for the XO round will be determined at the end of RR Play. Crossover games will begin after a 30-minute break, each XO game includes:
 - 2x 15-minute halves, 3-minute half-time, 1-timeout per team per half, 5-minute break between games
 - Ties go straight to golden goal after a 2-minute break (do not change ends).
 - If a goal is not scored within 10-minutes, the win will be given to the higher seeded team.

Seeding rules for Playoffs (Pods "A" & "B"):

1. XO1: Winner is B3, Loser is B4
2. XO2: Winner is A1, Loser is A2
3. XO3 & XO4: Winners go to A pod and Losers go to B pod
 - Seeding ties broken by (in order): Head-to-Head record, Most wins, Fewest losses, Fewest goals allowed, Coin toss

Playoff (PO) Games:

1. Playoff games begin on Sunday morning, each PO game includes:
 - 2x 15-minute halves, 3-minute half-time, 1-timeout per team per half, 5-minute break between games
 - Ties go straight to golden goal after a 2-minute break (do not change ends).
 - If a goal is not scored within 10-minutes, the win will be given to the higher seeded team.

BANQUET

1. Banquet is immediately following the XO games on Saturday evening at Sunshine Pizza, 5 minutes from the pool.
 - \$15 per person for pizza and salads. Paypal, venmo or cash at the door. Drinks on your own.
 - Reservation begins @ 6:00pm Saturday.
 - 2124 Columbia Blvd, St Helens, OR 97051, <https://www.sunshinepizza.net/>
 - Theme is "Dress to Impress", we can't wait to see your best party duds!

NW CUP 2025: 12 RR + 12 XO/PO

Pool time: Warm-up at 7:30 Sat, 8:00 Sun

		8 TEAMS			Chief Ref	In water Ref	2x player ref	2x player ref
		2x 4 Team Equal Pod (RR)						
S A T U R D A Y	7:30 AM	WARMUP						
	8:00 AM	1	Portland	Orcas	Harry	Don	Rumblefish	Eugene
	8:31 AM	2	Left & Friends	SF	Harry	Don	Portland	Orcas
	9:02 AM	3	Truckee	Rumblefish	Harry	Kulsa	Left & Friends	SF
	9:33 AM	4	Seattle	Eugene	Harry	Kulsa	Truckee	Rumblefish
	10:04 AM	5	Portland	SF	Don	Kim	Seattle	Eugene
	10:35 AM	6	Orcas	Left & Friends	Don	Rosa	Portland	SF
	11:06 AM	7	Truckee	Eugene	Harry	Kulsa	Orcas	Left & Friends
	11:37 AM	8	Rumblefish	Seattle	Harry	Kulsa	Truckee	Eugene
	12:08 PM	9	Portland	Left & Friends	Harry	Kulsa	Rumblefish	Seattle
	12:39 PM	10	Orcas	SF	Harry	Don	Portland	Left & Friends
	1:10 PM	11	Truckee	Seattle	Kulsa	Don	Orcas	SF
	1:41 PM	12	Rumblefish	Eugene	Kulsa	Don	Truckee	Seattle
	2:12 PM	30 min Break						
	2:42 PM	XO1	Strawberry 4	Banana 4	Harry	Kulsa	Strawberry 3	Banana 2
3:24 PM	XO2	Strawberry 1	Banana 1	Harry	Kulsa	Strawberry 4	Banana 4	
4:06 PM	XO3	Strawberry 2	Banana 3	Harry	Don	Strawberry 1	Banana 1	
4:48 PM	XO4	Strawberry 3	Banana 2	Harry	Don	Strawberry 2	Banana 3	
5:30 PM	20 min overtime buffer							

Start		End
Sat	8:00 AM	6:30 PM
Sun	8:30 AM	4:00 PM

POD	POD
Strawberry	Banana
Portland	Truckee
Orcas	Rumblefish
Left & Friends	Seattle
SF	Eugene

2:12 PM END RR, Rank each Pod 1-4

*Winner to B3, Loser to B4

*Winner to A1, Loser to A2

*Winner to A, Loser to B

*Winner to A, Loser to B

5:50 PM END SAT GAMES

Separate "A" & "B" Pods

		2x weighted Pods "A" & "B"			Chief Ref	In water Ref	2x player ref	2x player ref
	8:00 AM	WARMUP						
S U N D A Y	8:30 AM	PO1	Seed B2	Seed B3	Kulsa	Don	B4	2x Level 1's
	9:12 AM	PO2	Seed A2	Seed A3	Harry	Don	Seed B2	Seed B3
	9:54 AM	PO3	Seed B1	Seed B4	Harry	Kulsa	Seed A2	Seed A3
	10:36 AM	PO4	Seed A1	Seed A4	Harry	Don	Seed B1	Seed B4
	11:18 AM	PO5	L_PO1	L_PO3	Kulsa	Don	Seed A1	Seed A4
	12:00 PM	PO6	L_PO2	L_PO4	Harry	Kulsa	L_PO1	L_PO3
	12:42 PM	PO7	W_PO1	W_PO3	Harry	Don	L_PO2	L_PO4
	1:24 PM	PO8	W_PO2	W_PO4	Don	Kulsa	W_PO1	W_PO3
	2:06 PM	45 min overtime buffer						

*B div. Bronze game

*A div. Bronze game

*B div. Final

*A div. Final

2:51 PM END SUN GAMES

Tie-Breakers: Head to Head
Most number of wins
Least number of losses
Least sum of points allowed
Coin Toss

All Level 1 refs may volunteer to ref playoff games!
Remainder of refs to be supplied by assigned teams

1st	W_PO8
2nd	L_PO8
3rd	W_PO6
4th	L_PO6
5th (B div 1st)	W_PO7
6th (B div 2nd)	L_PO7
7th (B div 3rd)	W_PO5
8th (B div 4th)	L_PO5

RR	0:31	6:12
XO & PO	0:42	8:24
Total	14:36	Hours

Game Parameters	
Round Robin	
Half Length	0:12
Time/2 Length	0:02
Timeouts	0:00
Overtime	0:00
Break	0:05
Game Block	0:31

X0, Playoffs & Finals	
Half Length	0:15
Time/2 Length	0:03
Timeouts	0:04
Overtime*	0:00
Break	0:05
Game Block	0:42

*Use 1x overtime buffer instead of scheduling per game