

SATURDAY

TIME	DETAIL
8h00	Welcome ! Meeting in the Guelph lobby before entering the pool
8h30	Get changed, and head to the stands
8h45	Pre-game 1 meeting with everyone / deck warmup
9h22	GAME 1 2 x 10 mins with 5 mins break to coach / readjust Team 1 (WHITE) vs Team 2 (BLACK)
10h00	Post-game wrapup with Michel, Marie and Tristan
10h15	FREE TIME / SNACKS
11h30	Pre-game meeting with Michel, Marie and Tristan (finalize teams)
12h06	GAME 2 Team 1 (WHITE) vs Team 2 (BLACK) 2 x 12 mins + 3 mins half time
12h40	Lunch, free time
13h30	Pregame meeting with Michel, Marie and Tristan
1h48	GAME 3 Team 1 (BLACK) vs Team 1 (WHITE) 2 x 12 mins + 3 mins half time
2h15	Free time, snacks, individual coaching meetings if needed
4h00	Pregame meeting with Michel, Marie and Tristan
4h10	Warmup for game 4 and drill
4h30	GAME 4 Team 1 (BLACK) vs Team 1 (WHITE) 2 x 12 mins + 3 mins half time
5h00	Wrap up meeting and look at schedule for tomorrow

HEAD TO BANQUET DINNER !
7:30 -9:00 BANQUET

SUNDAY

TIME	DETAIL
10h00	Arrival and meeting in the lobby
10h45	Head to changerooms and change
11h00	Meeting with your teams / coaches and snack
11h15	Warmup (water)
11h30	GAME 1 Team 1 (White) vs Team 2 (Black) 2 x 10 mins with a 5 mins halftime
12h00	GAME 2 Team 1 (white) vs Team 3 (Black) 2 x 10 mins with a 5 mins halftime
12h30	GAME 3 Team 3 (Black) vs Team 2 (White) 2 x 10 mins with a 5 mins halftime
12h55	Lunch break
1h25	New teams announcement
1h30	GAME 1 Team 1 (White) vs Team 2 (Black) 2 x 10 mins with a 5 mins halftime
2h00	GAME 2 Team 1 (white) vs Team 3 (Black) 2 x 10 mins with a 5 mins halftime
2h30	GAME 3 Team 3 (Black) vs Team 2 (White) 2 x 10 mins with a 5 mins halftime
3h00	Wrap-up, done by 3h15